
EXERCISE IS MEDICINE

ASIA MEETING 2022

2ND – 3RD SEPTEMBER 2022,
HOST: EIM JAPAN

Program Rundown - 2nd September 2022

Time	Activity
1830	Registration EIM Asia and EIM Japan and Secretariat
1900	Opening Address by ACSM Dr Bruce Gladden, ACSM President
1920	Welcome Speech by EIM Global Miss Robyn M Stuhr, Vice President of EIM
1930	Update of EIM Global Network and The Road of EIM Global after COVID Prof Mark Stoutenberg, EIM Program Officer
1950	Approval of meeting minutes and matters arising from 2021 meeting - Follow up on EIM Asia Advance Course EIM Asia Secretariat and Dr. Ng Chung Sien, Director of Education, EIM Singapore
2020	The Road of EIM Asia after COVID in Japan Prof Shinji Sato , Manager, EIM Japan
2050	The Road of EIM Asia after COVID in Singapore Dr. Benedict Tan, Chairman, EIM Singapore
2120	Closing and Group Photo for Day 1 EIM Asia and EIM Japan and Secretariat

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Time	Activity
1400	Success and Progress of EIM Japan in 2021 and 2022 Dr. Yutaka Kimura, Chairman, EIM Japan
1415	Establishing Multi-Center Network to Provide Continuation of Cardiac Rehabilitation Mr. Tohru Kokubo, Physical Therapist, Minnano-kakaritsuke home-visit station
1430	Collaboration between EIM Singapore with Sport Singapore Dr. Fadzil Hamzah, Community Programs Director, EIM Singapore
1445	Japan Physical Activity Guidelines Dr. Susumu Sawada, Professor, Waseda University
1500	Physical activity standard for chronic diseases in Japan Dr. Yuko Oguma, Associate Professor, Keio University
1515	Singapore Physical Activities Guidelines Dr Chiang Hock Woon, Deputy CEO, Sport Singapore
1530	Development of Physical Activities Guidelines & plans ahead Dr Ayman Nabel Al-Bedri, Manager, EIM Malaysia
1545	Breakout discussion: Physical Activity as a Vital Sign: Overcoming the Obstacles All participants
1645	Closing Speech and Group Photo for Day 2 Dr. Yutaka Kimura, Chairman, EIM Japan EIM Asia and EIM Japan and Secretariat
